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NEWS RELEASE – FOR IMMEDIATE RELEASE

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The Best High School Minds Are Set to Flex Their Brains in the 2010 Academic Decathlon

FAIRFIELD - High school students from six counties will give their brains a strenuous workout during the 2010 North Bay Region Academic Decathlon. This two-day event, scheduled for Saturday, January 30 at Solano Community College and Saturday, February 6 at Rodriguez High School, is expected to draw more than 225 high school students from Marin, Mendocino, Napa, Solano, Sonoma, and Yolo counties.

The public is invited to attend the Super Quiz on Saturday, February 6 at the Rodriguez High School gymnasium in Fairfield starting at 3:15 PM. The Super Quiz Relay is the only event open to the general public and is free to attend. Following the Super Quiz Relay, the public is welcome to stay and celebrate in the gymnasium at the Awards Ceremony beginning at 5:30 PM. Help celebrate the achievements of Solano County's decathletes, and congratulate the students for all their hard work and dedication.

For the past 29 years, the Solano County Office of Education has sponsored the Academic Decathlon. The Decathlon is a competitive event modeled after the Olympics designed to stimulate academic achievement and honor "athletes of the mind."

Like the decathlon of the ancient Greeks, the Academic Decathlon consists of 10 exacting and exciting events. The Academic Decathlon includes tests in art, music, language and literature, mathematics, economics, science,

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and the Super Quiz, which is a team event (60% written and 40% oral) held before an audience. In addition, there are communication tests that include writing an essay, delivery of a prepared and an impromptu speech, and an interview.

The winning team will advance to the California Academic Decathlon Championship to be held Friday, March 12 through Monday, March 15 in Sacramento. If you would like to volunteer or need additional information about the Academic Decathlon, please contact Ken Scarberry at (707) 646-7601 or by e-mail at kscarberry@solanocoe.net. You can also visit www.academicdecathlon.org for more information.

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