

## **Brief Intervention for Substance Using Adolescents**

### **Facilitated by Ira Sachnoff**

**January 21 & 26, 2022**  
**8:30 AM - 12:00 PM**



**Zoom links will be shared with you one week prior to the first training date**

**Please register online to ensure your participation. Space is limited!**  
[Registration link](#)

#### **Continued Education Hours:**

Presented by Centers for Applied Research Solutions (CARS)  
6 Hours of Continuing Education Credit available for:

**CAMFT** – California Association of Marriage and Family Therapists

**CCAPP** – California Consortium of Addiction Programs and Professionals

**Board of Registered Nursing**

The cost for CEU processing is \$25, which can be paid by a check or PayPal account. Please contact Heather Torres for more information at:  
707-568-3800 ex: 219 or [htorres@cars-rp.org](mailto:htorres@cars-rp.org)

**You are invited to attend a two-part Brief Intervention (BI) Remote Training AT NO COST, "Brief Intervention for Substance Using Adolescents."**

#### **Training Description:**

*Brief Intervention is an intervention counseling strategy consisting of 2 - 4 sessions for adolescents who use alcohol, tobacco and/or other drugs. This training concerns a specific intervention approach that uses motivational interviewing, cognitive behavior therapy, and the stages of change model to meet the needs of adolescents.*

#### **Learning Objectives:**

- Examining the counselor's attitudes and relationship with teens
- Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior
- Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial
- Increasing knowledge about drug and alcohol use among teens
- Utilizing Motivation Interviewing to empower rather than enforce

#### **If you have any questions, feel free to contact us:**

**Ken Scarberry – Director of Youth Development**  
707-646-7601 | [kscarberry@solanocoe.net](mailto:kscarberry@solanocoe.net)

**Rebecca Floyd – Project Coordinator**  
707-646-7602 | [rfloyd@solanocoe.net](mailto:rfloyd@solanocoe.net)

Or visit our Youth Development [homepage](#)